



Fill in what you can before the appointment and take this with you. Ten minutes with a vet goes quickly, and the questions you meant to ask have a way of arriving on the drive home.

BEFORE THE APPOINTMENT

My dog

NAME	AGE
BREED (OR BEST GUESS)	WEIGHT (KG / LB)
DATE OF APPOINTMENT	REASON FOR THE VISIT

What I have noticed

What you saw, not what you think caused it — "limping on the back left leg, worse after a walk".

WHAT I NOTICED	WHEN IT STARTED	HOW OFTEN	BETTER, WORSE, OR THE SAME?

Food, treats, supplements and medicines

Everything, including flea and worm treatments, supplements and table scraps — some of it interacts.

WHAT	HOW MUCH	HOW OFTEN	SINCE WHEN

My questions

Write these before you go. Put the one that worries you most first — appointments run short.

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-
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AT THE APPOINTMENT

What the vet said, and what happens next

Anything prescribed

MEDICINE	HOW MUCH	HOW OFTEN	FOR HOW LONG

Before I leave, check I know

- ☐ What to watch for at home, and what would mean calling back
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- ☐ How and when to give any medicine, and what to do about a missed dose
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- ☐ Whether food, exercise or grooming needs to change, and for how long
-
- ☐ When the follow-up is, who books it, and the out-of-hours number
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- ☐ Whether anything here needs claiming on insurance

This sheet is a place to write things down. It is general information, not veterinary advice, and it cannot tell you what is wrong with your dog — only your vet can do that.